



TRUSTED ADULTS

Safe adults can provide advice and a safe space. Having trusted adults at home, at school, and within your community is important for when you need a listening ear or a shoulder to lean on. They help you feel comfortable, treat everyone equally, and care about your feelings.



WHAT IS A TRUSTED ADULT?

A Trusted Adult is a **Safe Adult** and should be someone who:

- You can get help from if you're hurt, feel scared or uncomfortable.
- You feel comfortable with and can easily talk to about things that may be difficult to talk about.
- Does not judge you or make you feel silly for sharing your feelings.

Sometimes you may feel like a trusted adult is no longer safe. Your trusted adults may change and it is okay to have more than one safe adult you can go to.



WHAT IS AN UNSAFE ADULT?

Unsafe adults might give you attention that feels like too much and will try to spend a lot of time with you alone. Unsafe adults may say things that make you feel special, but it's important to remember that not all attention is good or safe.

SAFE ADULT BEHAVIOR



- Listen carefully without judgment.
- Keep their promises.
- Offer guidance and support.
- Respect your personal space.

UNSAFE ADULT BEHAVIOR



- **Hit or touch** in a way that hurts on purpose.
- Make you **feel bad** about yourself.
- Ask you to do things that are **not safe, or you don't want to**.
- Let you be around **dangerous things or people**.
- Keep you **away** from your friends and family.

WHEN TO TALK TO A TRUSTED ADULT

- If you are being bullied or see someone else being bullied.
- When they feel unsafe at home, school, or anywhere else.
- If you meet a stranger or an adult who makes you feel uncomfortable.
- If you see something inappropriate or uncomfortable online.
- If you are hurt physically or emotionally by someone.
- If you are worried about your behavior or someone else's behavior.
- Whenever you are unsure about something and need guidance/support, remember:

WHEN IN DOUBT S.A.F.E

Supportive: They are always there to help and encourage you.

Approachable: They are easy to talk to and make you feel comfortable.

Fair: They treat everyone equally and justly, making sure to do what's right.

Empathetic: They understand and care about your feelings.

CRIME STOPPERS OF HOUSTON'S

TIP LINE

IS HERE FOR YOU **24/7**



CRIME STOPPERS OF HOUSTON SAFE SCHOOL INSTITUTE

3001 Main St. Houston, TX 77002

(713) 521-4600 (office)

(713) 222-TIPS (to report)

www.crime-stoppers.org/safe-school-institute

ssi@crime-stoppers.org



HOW TO REPORT A TIP



Call 713.222.TIPS (8477)



Use our Mobile App

Download app name: Crime Stoppers Houston



Go to crime-stoppers.org

HERE'S HOW IT WORKS



STEP 1

Submit an anonymous tip



STEP 2

Your tip leads to an arrest or disciplinary action



STEP 3

Receive a cash reward
(up to \$5,000)