

# **BULLYING PREVENTION**

Bullying can occur in different ways through in person interactions and/or behind screens. Engaging in conversation around bullying with your students and encouraging anti-bullying behavior in your classroom are critical steps to creating an inclusive and productive environment.

#### DID YOU KNOW?

- 1 in 5 students (21%) report being bullied during the school year, impacting over 5 million youth annually (National Center for Education Statistics)
- 64% of bullied students suffer in silence (Stopbullying.gov).
- 75% of school shooting incidents had bullying and harassment as the main motivation behind the violence (National Center for Education Statistics).

#### **RESOURCES:**

- Stopbullying.gov
- Davidslegacy.org
- Crime Stoppers Tip Line: 713-222-TIPS (8477)
- Suicide Prevention Hotline: 1-800-273-8255 or text 741741

#### **BEST PRACTICES:**

### Recognize the effects of bullying and cyberbullying:

- Bullying effects students physically, psychologically, academically, and socially.
- Be aware that mobile devices offer students the ability to communicate 24/7 which can enable persistent cyberbullying.
- It is sometimes difficult to spot students who are being bullied or cyberbullied, but here are some key indicators: isolation, increased moodiness, sudden loss of interest, personality change, struggling to engage in classroom activity, etc.

### Inform students of the consequences associated with bullying:

- Students can receive administrative discipline that can result in suspension, expulsion, or transfer to an alternative school.
- David's Law makes cyberbullying a punishable offense. Learn more at davidslegacy.org.

## Encourage students to use their voice if anyone or anything makes them feel uncomfortable:

- Students see and hear things before adults do.
- Urge students to stand up for those who are being bullied, including themselves.
- Empower students to anonymously report bullying to Crime Stoppers.

# Believe students if they disclose being a victim of bullying. Here are some helpful statements to use when a student discloses bullying incidents:

- "That must have been difficult, thank you for telling me."
- "You are brave to come forward, let us figure out what the next step will be."



# CRIME STOPPERS OF HOUSTON SAFE SCHOOL INSTITUTE

3001 Main St. Houston, TX 77002 (713) 521-4600 (office) (713) 222-TIPS (to report) www.crime-stoppers.org/safe-school-institute ssi@crime-stoppers.org











## HOW TO REPORT A TIP



Call 713.222.TIPS (8477)



Use our Mobile App
Application name: Crime Stoppers Houston



Go to crime-stoppers.org

## HERE'S HOW IT WORKS



## STEP 1

Submit an anonymous tip



#### STEP 2

Your tip leads to an arrest or disciplinary action



## STEP 3

Receive a cash reward (up to \$5,000)