

SUBSTANCE USE TIPS

Drug Types: Illegal/Illicit, Synthetic, Over the Counter, Prescription, Marijuana, Vaping, Alcohol



ILLEGAL/ILLICIT

- Includes Cocaine, Ecstasy, Heroin, Mushrooms, Opioids, Methamphetamine
- Side effects include delayed brain development, addiction after single use, risk of overdose, self-destructive decisions/behaviors, lack of motivation and damages to relationships



SYNTHETIC

- Created using man-made chemicals – there is no ingredient list
- Produces numerous harmful effects: anxiety, aggressiveness, paranoia, seizures, nausea, coma, death
- Synthetic marijuana contains dangerous ingredients such as bleach, fertilizer, rat poison and fentanyl



OVER THE COUNTER

- Can buy without a prescription but must follow the directions to be considered safe
- Abusing OTC medicines can lead to: addiction, death, kidney failure, memory loss and hallucination



PRESCRIPTION

- Must take the medication as it was prescribed to you (quantity), and you must take it in the form prescribed to you
- It is illegal to give someone else something prescribed to you – has a different effect on all individuals
- You can be charged if the driver or passenger of a vehicle you are in has drugs



MARIJUANA

- All possession of marijuana for recreational purposes in Texas is a crime
- Side effects include stunted brain development, increased risky behavior and increased usage of other drugs



VAPING

- Must be 21 years old to purchase, possess or use
- One pod = One pack of cigarettes or 200 puffs
- Vapor consists of chemicals also found in car exhaust, weed killers, heavy metals, and body preservatives



ALCOHOL

- 21 is the legal age to purchase/possess or consume
- The 3 leading causes of death for 15 to 24-year-olds are automobile crashes, homicides, and suicides – alcohol is a leading factor in all 3
- Negative side effects can include dependence, liver damage, behavior changes, or delayed brain development

SIGNS TO LOOK OUT FOR WITH PEERS

- Addiction does not discriminate
- Giving up on activities they love
- Uninterested in life
- Borrowing money excessively
- Continuous use of substances even if caught previously



CRIME STOPPERS OF HOUSTON'S

TIP LINE

IS HERE FOR YOU **24/7**



CRIME STOPPERS OF HOUSTON SAFE SCHOOL INSTITUTE

P.O. Box 541654, Houston, TX 77254

(713) 521-4600 (office)

(713) 222-TIPS (to report)

www.crime-stoppers.org/safe-school-institute

ssi@crime-stoppers.org



HOW TO REPORT A TIP



Call 713.222.TIPS (8477)



Use our Mobile App

Download app name: Crime Stoppers Houston



Go to crime-stoppers.org

HERE'S HOW IT WORKS



STEP 1

Submit an anonymous tip



STEP 2

Your tip leads to an arrest or disciplinary action



STEP 3

Receive a cash reward
(up to \$5,000)